

# Download First Aid For Children Quick Reference Guide

So, I read about basic first aid on sites like WebMD, the Mayo Clinic, and the Red Cross. I pulled out the survival pocket guide and first aid cards from my 72-hour kit, and I studied. It was important that I focused on the essential, life-saving skills first if anyone in my family encountered life-threatening emergencies. If at any time an object is coughed up or the infant/child starts to breathe, stop rescue breaths and call 911 or your local emergency number. Ask your pediatrician for information on choking/CPR instructions for children older than 8 years and for information on an approved first aid or CPR course in your community. Know what to do next time there's an emergency with Real Simple's printable first-aid instructions. The guide comes in PDF format and provides emergency care instructions for a bloody nose, eye ... Pediatric First Aid/CPR/AED READY REFERENCE. AFTER CHECKING THE SCENE FOR SAFETY, CHECK THE CHILD OR INFANT: ... If the child or infant responds, ... Give 5 quick, upward abdominal thrusts. CONTINUE CARE Continue sets of 5 back blows and 5 abdominal thrusts until the: