

Download Conquering Lou Gehrig's Disease The Als Diet

Conquering Lou Gehrig's Disease: The ALS Diet [Hannah Yoseph, James B. Yoseph] on Amazon.com.

FREE shipping on qualifying offers. (New 2018 update includes Dr. Hannah's Neuropathy Fix Protocol; please NOTE that this is not in USED books) Recent research suggests that some of the risk factors and causes involved in ALS/Lou Gehrig's disease include: Gene mutations. Mitochondrial dysfunction. Heavy metal toxicity. Head and neck trauma. Genetic predisposition. Low levels of magnesium and calcium. Antioxidant deficiency including SOD and glutathione. Lou Gehrig's Disease (ALS) and The Paleo Diet. Clinical features include limb weakness with muscle atrophy and a progressive involvement of respiratory muscles leading to death within 3-5 years after the onset. The precise mechanism underlying the characteristic selective degeneration and death of motor neurons remains a mystery. Lou Gehrig's Disease. The disease attacks nerve cells in the brain and the spinal cord. Motor neurons, which control the movement on voluntary muscles, deteriorate and eventually die. When these motor neurons die, the brain can no longer initiate and control muscle movement because the muscles no longer receive the messages they need to function.