

Download Backyard Pharmacy Growing Medicinal Plants In Your Own Yard

Wild Edible & Medicinal Plants »Return to Complete Course Listing . Medicinal Plants: Discovering Nature's Pharmacy Mosquito bites, headaches, poison ivy, cuts & scrapes, upset stomachs, sore muscles, fevers, earaches, bee stings, colds, flus and sore throats... remedies for all of these problems and many more can be found in the common plants growing just outside your front door! Gift #1: Growing Herbal Medicine – How To Make Your Yard A Secret Pharmacy. Clinical herbalist, naturopath and practicing veterinarian Dr. Patrick Jones shares how he grows over 150 species of medicinal plants on his 2-acre property. *Lactuca Virosa* is the scientific term for it, and many people have used it in place of addictive prescription pain medicine. It's a leafy and tall plant, with small yellow buds, and could be grown right out your door. More commonly found in North America and England, it's a cousin to the lettuce we typically see at the grocery store. It's also referred to as bitter lettuce, or more ... The Sweet Gum tree is the sand spur of the forest. You painfully find them with your feet. The vicious seed pods have impaled many a forager and has done much to ruin the Sweet Gum's reputation. Perhaps it is time for some rehabilitation. The only edible part of the tree is the dried sap [...]