

Download 100 Healthy Smoothie Recipes

From green smoothie recipes to a basic strawberry smoothie, we've got all the smoothie inspiration you need right here! Check out 100+ healthy smoothie recipes and learn how to make your own unique smoothie at home with our basic smoothie equation. Try the best chocolate smoothie recipes! They're delicious and easy to make. We show you how to choco-fy your smoothies to make them taste great and be nutritious as well. Boost your fruit and vegetable intake with these healthy smoothie recipes and healthy juice recipes. Download a FREE 7-Day Juice Plan with Healthy Juice Recipes! Find healthy, delicious green smoothie recipes, including smoothies for cleanse and detox. Healthier recipes from the food and nutrition experts at EatingWell.